



A Pragmatic Approach to Diabetic Foot Infections in the UK

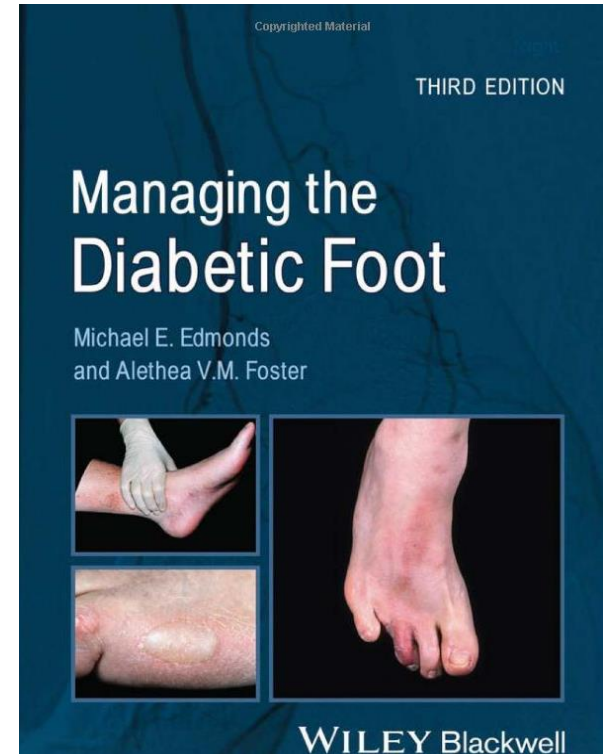
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Norfolk and Norwich University Hospitals



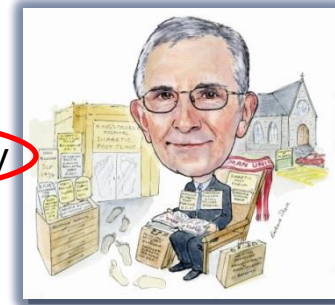
A Quote

“The microbiology of the diabetic foot is unique”

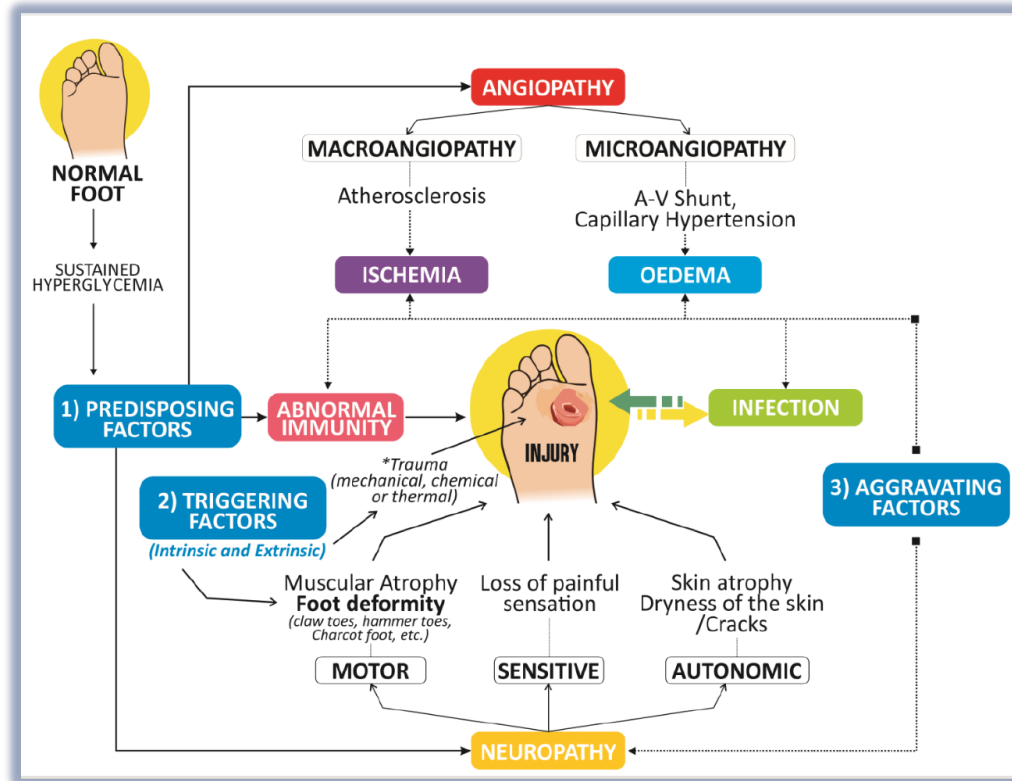


The 10 Foot Commandments

1. I am thy foot forever. Take good care of me, for thou shalt have no foot other than me
2. Thou shalt regularly debride me, when I develop callosities and ulcers
3. ~~Thou shalt fit me with casts and insoles to offload my high pressure areas~~
4. Thou shalt carefully look for early signs of infection in me and treat it aggressively
5. ~~Thou shalt diagnose ischaemia without delay and revascularise me~~
6. Thou shalt educate all patients how to examine me and take care of me
7. Thou shalt carefully inspect the shoes that I have to wear and encourage the use of appropriate footwear
8. Thou shalt continuously aim to achieve tighter blood glucose control for me
9. Thou shalt not commit amputation on me, unless there is a compelling reason
10. Thou shalt not covet thy neighbour's amputation rates, but try to improve yours



So Many Things to Consider

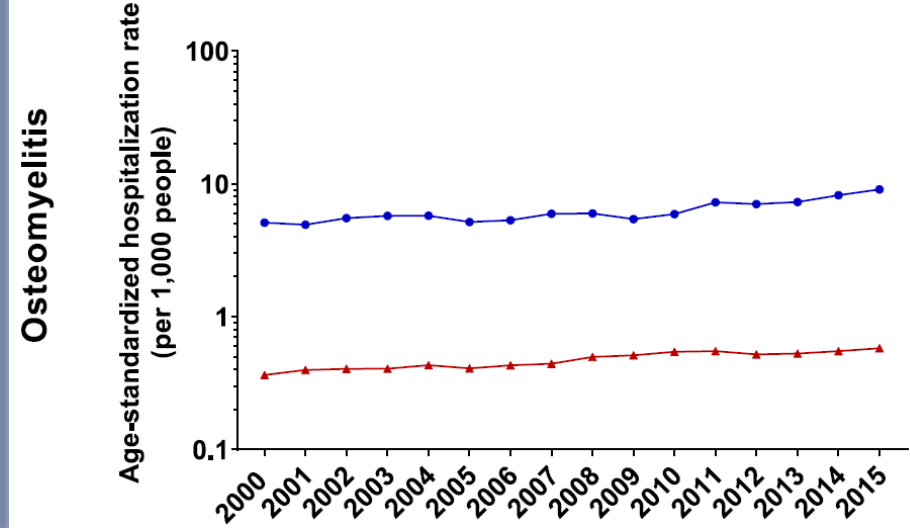
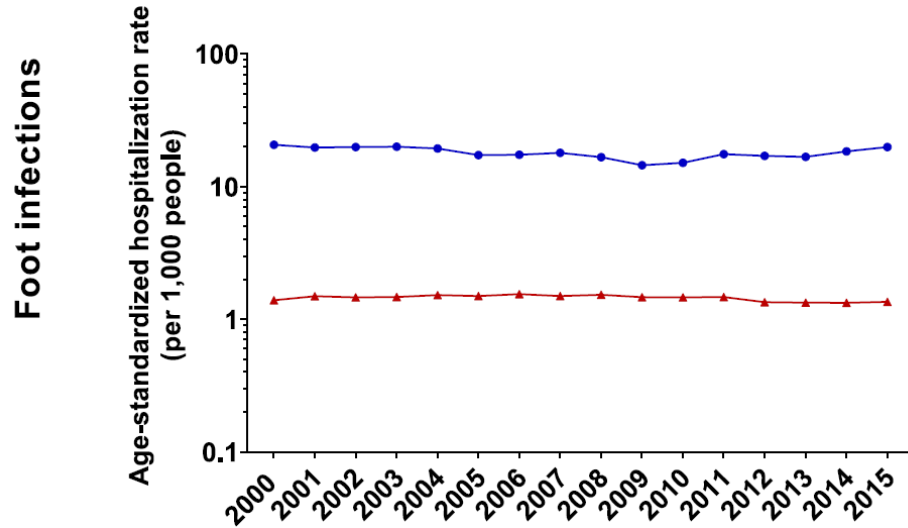


Hospitalisation for Infection – 2007 & 2016 – DM vs No DM

Table 2 Age-adjusted rate ratios in age-standardised rates of hospitalisation for infection in men and women with diabetes vs without diabetes in 2007 and 2016

Infection type	All ages		20–44 years		45–64 years		65–74 years		≥75 years	
	2007	2016	2007	2016	2007	2016	2007	2016	2007	2016
Pneumonia										
Men										
Rate ratio (95% CI) ^a	1.5 (1.5, 1.6)	1.3 (1.3, 1.4)	6.2 (4.5, 8.4)	3.6 (2.8, 4.6)	2.7 (2.5, 3.0)	2.1 (2.0, 2.3)	1.8 (1.7, 2.0)	1.7 (1.6, 1.8)	1.3 (1.3, 1.4)	1.2 (1.1, 1.2)
<i>p</i> value for trend	<0.001		0.015		0.003		0.081		<0.001	
Women										
Rate ratio (95% CI) ^a	1.5 (1.5, 1.6)	1.4 (1.3, 1.4)	7.6 (5.1, 10.9)	2.8 (2.0, 3.9)	2.3 (2.0, 2.8)	1.8 (1.6, 2.0)	2.5 (2.2, 2.7)	1.8 (1.7, 2.0)	1.4 (1.3, 1.4)	1.3 (1.3, 1.3)
<i>p</i> value for trend	0.016		0.004		0.008		0.014		0.452	
Influenza										
Men										
Rate ratio (95% CI) ^a	2.1 (1.8, 2.4)	1.7 (1.6, 1.9)	–	–	–	–	–	–	–	–
<i>p</i> value for trend	0.029		–	–	–	–	–	–	–	–
Women										
Rate ratio (95% CI) ^a	1.7 (1.5, 2.0)	1.6 (1.4, 1.7)	–	–	–	–	–	–	–	–
<i>p</i> value for trend	0.063		–	–	–	–	–	–	–	–
Tuberculosis										
Men										
Rate ratio (95% CI) ^a	2.2 (2.0, 2.4)	1.8 (1.7, 2.0)	8.5 (6.0, 11.6)	7.0 (4.8, 9.9)	4.3 (3.7, 4.9)	3.3 (2.8, 3.8)	2.1 (1.8, 2.5)	1.9 (1.6, 2.2)	1.1 (1.0, 1.3)	1.0 (0.9, 1.2)
<i>p</i> value for trend	0.076		0.903		0.008		0.821		0.950	
Women										
Rate ratio (95% CI) ^a	2.1 (1.8, 2.4)	2.2 (1.9, 2.5)	3.3 (1.6, 6.1)	7.5 (4.8, 11.2)	2.7 (2.0, 3.6)	3.3 (2.6, 4.2)	2.8 (2.1, 3.8)	1.2 (0.8, 1.7)	1.5 (1.2, 1.8)	1.7 (1.4, 2.2)
<i>p</i> value for trend	0.093		0.158		0.028		0.199		0.284	
Kidney infection										
Men										
Rate ratio (95% CI) ^a	2.5 (1.7, 3.5)	4.9 (3.9, 6.2)	–	–	–	–	–	–	–	–
<i>p</i> value for trend	0.031		–	–	–	–	–	–	–	–
Women										
Rate ratio (95% CI) ^a	2.1 (1.7, 2.7)	3.2 (2.8, 3.7)	–	–	–	–	–	–	–	–
<i>p</i> value for trend	0.145		–	–	–	–	–	–	–	–
Sepsis										
Men										
Rate ratio (95% CI) ^a	2.3 (2.1, 2.5)	2.1 (2.0, 2.2)	8.3 (4.0, 15.1)	11.2 (7.1, 16.9)	4.8 (3.9, 5.8)	3.8 (3.3, 4.4)	2.5 (2.1, 3.0)	2.6 (2.3, 2.9)	1.9 (1.7, 2.1)	1.7 (1.6, 1.8)
<i>p</i> value for trend	0.430		0.682		0.266		0.649		0.238	
Women										
Rate ratio (95% CI) ^a	2.3 (2.1, 2.5)	2.3 (2.2, 2.4)	4.3 (1.3, 10.3)	6.3 (3.4, 10.7)	5.8 (4.5, 7.5)	5.6 (4.7, 6.6)	4.4 (3.6, 5.3)	3.3 (2.8, 3.8)	1.9 (1.7, 2.0)	2.0 (1.8, 2.1)
<i>p</i> value for trend	0.220		0.215		0.242		0.078		0.904	

Admission for Foot Infections



- Diabetes
- No Diabetes

What Are the Challenges?

- Empirical vs targeted
- Covering the most common organisms
- Local resistance patterns ('stewardship')
- Local microbiologists
- *C. difficile* risks
- Osteomyelitis
- Costs
- Alternatives for penicillin allergic patients
- Colonisation vs infection
- Compliance with a multi drug regimen
- Patient choice
- Sampling

Sampling?

Open Access

Research

BMJ Open CODIFI (Concordance in Diabetic Foot Ulcer Infection): a cross-sectional study

Conclusion Reports of tissue samples more frequently identified pathogens, and less frequently identified non-pathogens compared with wound swab samples. Blinded clinicians more often recommended changes in antibiotic therapy based on tissue compared with wound swab specimens.

Directives and Initiatives

The screenshot shows the WHO website interface. At the top, there are navigation links for 'Global' and 'Regions'. The WHO logo and name are prominently displayed. Below this is a blue navigation bar with categories like 'Health Topics', 'Countries', 'Newsroom', 'Emergencies', 'Data', and 'About Us'. The main content area features a breadcrumb trail: 'Home / WHO Director-General / Speeches / Detail / Inaugural meeting of One Health Global Leaders Group on Antimicrobial Resistance'. The article title is 'Inaugural meeting of One Health Global Leaders Group on Antimicrobial Resistance', dated 26 January 2021. The text begins with a salutation to Mia Mottley, Prime Minister of Barbados, and a greeting to the attendees. It expresses gratitude to the co-chairs of the group and to Prime Minister Mottley for hosting the meeting. The article also mentions greetings to partners from the Tripartite, including the UN Food and Agriculture Organization, the World Organization for Animal Health, and the UN Environment Programme.

Global Regions

World Health Organization

Home / WHO Director-General / Speeches / Detail / Inaugural meeting of One Health Global Leaders Group on Antimicrobial Resistance

Inaugural meeting of One Health Global Leaders Group on Antimicrobial Resistance

26 January 2021

Your Excellency Mia Mottley, Prime Minister of Barbados,

Excellencies, Director-Generals from sister agencies UNEP, FAO, OIE, dear colleagues and friends,

Good morning, good afternoon and good evening.

First, I would like to thank the co-chairs of the One Health Global Leaders Group on Antimicrobial Resistance, Prime Minister Hasina and Prime Minister Mottley, and my special thanks to Prime Minister Mottley for chairing this inaugural meeting.

I would like to thank all of those who are attending today, as well as those who were unable to attend but who have shared video messages.

And my greetings to our partners in the Tripartite, Director-General Qu Dongyu from the UN Food and Agriculture Organization, and Director-General Monique Eloit from the World Organization for Animal Health, as well as Inger Andersen, Executive Director of the UN Environment Programme.

Related

- [One Health Global Leaders Group on Antimicrobial Resistance](#)
- [Antimicrobial resistance](#)

Public Health
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Protecting and improving

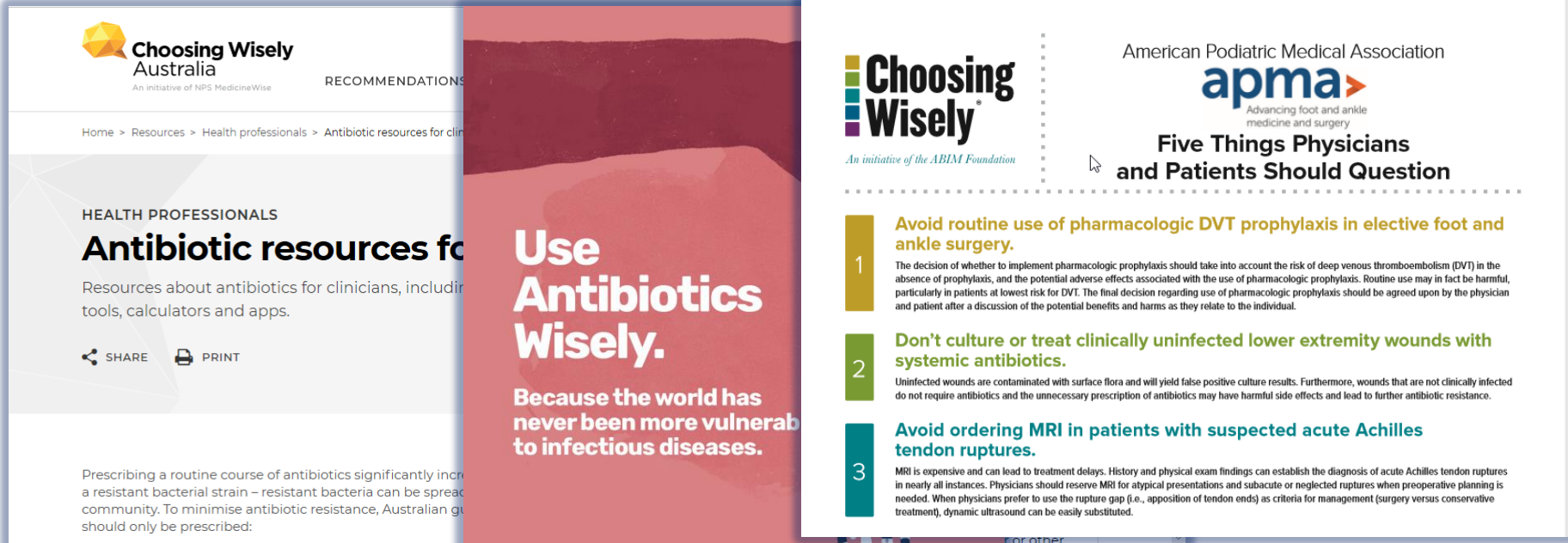
Start Smart
Antimicrobial
English Hos

Updated March 2015

Time for

Twitter live: Find
st

International Examples – Choosing Wisely



Choosing Wisely Australia
An initiative of NPS MedicineWise

RECOMMENDATIONS

Home > Resources > Health professionals > Antibiotic resources for clinicians

HEALTH PROFESSIONALS

Antibiotic resources for clinicians

Resources about antibiotics for clinicians, including tools, calculators and apps.

SHARE PRINT

Prescribing a routine course of antibiotics significantly increases the risk of developing a resistant bacterial strain – resistant bacteria can be spread to the wider community. To minimise antibiotic resistance, Australian guidelines recommend that antibiotics should only be prescribed:

Use Antibiotics Wisely.

Because the world has never been more vulnerable to infectious diseases.

American Podiatric Medical Association

apma Advancing foot and ankle medicine and surgery

Five Things Physicians and Patients Should Question

- 1. Avoid routine use of pharmacologic DVT prophylaxis in elective foot and ankle surgery.**
The decision of whether to implement pharmacologic prophylaxis should take into account the risk of deep venous thromboembolism (DVT) in the absence of prophylaxis, and the potential adverse effects associated with the use of pharmacologic prophylaxis. Routine use may in fact be harmful, particularly in patients at lowest risk for DVT. The final decision regarding use of pharmacologic prophylaxis should be agreed upon by the physician and patient after a discussion of the potential benefits and harms as they relate to the individual.
- 2. Don't culture or treat clinically uninfected lower extremity wounds with systemic antibiotics.**
Uninfected wounds are contaminated with surface flora and will yield false positive culture results. Furthermore, wounds that are not clinically infected do not require antibiotics and the unnecessary prescription of antibiotics may have harmful side effects and lead to further antibiotic resistance.
- 3. Avoid ordering MRI in patients with suspected acute Achilles tendon ruptures.**
MRI is expensive and can lead to treatment delays. History and physical exam findings can establish the diagnosis of acute Achilles tendon ruptures in nearly all instances. Physicians should reserve MRI for atypical presentations and subacute or neglected ruptures when preoperative planning is needed. When physicians prefer to use the rupture gap (i.e., apposition of tendon ends) as criteria for management (surgery versus conservative treatment), dynamic ultrasound can be easily substituted.

<https://www.choosingwisely.org.au/resources/health-professionals/antibiotic-resources-for-clinicians>

<https://choosingwiselycanada.org/campaign/antibiotics/>

<https://www.choosingwisely.org/wp-content/uploads/2017/07/APMA-Choosing-Wisely-List.pdf>

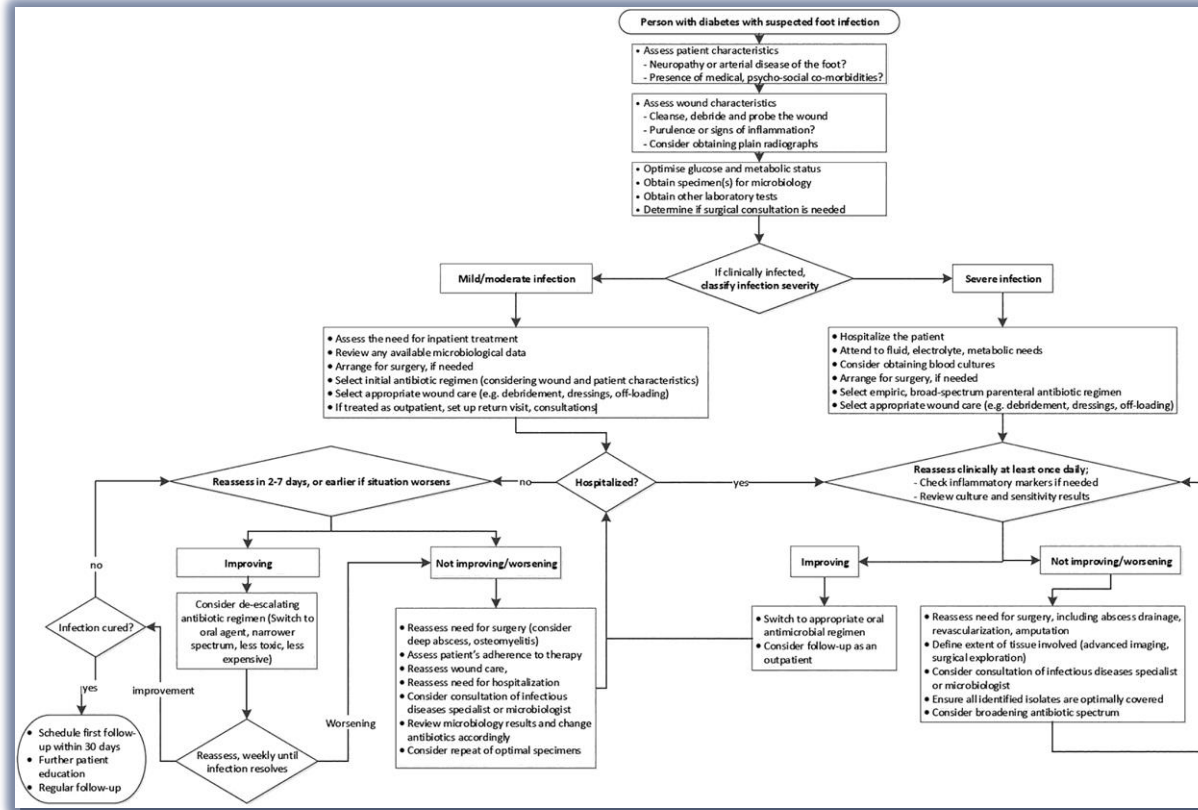
What is Already Used?

- IDSA / IWGDF
- Wagner
- University of Texas
- S(AD)/SAD / SINBAD (Site, Ischemia, Neuropathy, Bacterial Infection, Depth)
- Ulcer Severity Index
- Diabetic Ulcer Severity Score
- DEPA (Depth, Extent, Phase, Aetiology)

What is Already Used?

- But these are all wound classification / scoring systems and most do not advice on treatment

A Suggested Pathway - IWGDF



IDSA 2012

- Don't treat a clinically uninfected wound
- Use an antibiotic in addition to appropriate wound care for infected wounds
- For mild to moderate infections in treatment naïve patients cover aerobic GPC
- For moderate infections use a broad spectrum agent pending culture results

IDSA 2012

- Treat MRSA empirically if there is history of prior infection / high prevalence of colonisation / severe infection
- Route of administration depends on severity of infection
- Treat until the resolution of infection, not wound healing

IDSA 2012 – Treatment Options

Infection Severity	Probable Pathogen(s)	Antibiotic Agent
Mild	<i>Staphylococcus aureus</i> (MSSA); Streptococcus spp	Dicloxacillin, Clindamycin, Cephalexin , Levofloxacin, Amoxicillin-clavulanate <i>Clarithromycin, Metronidazole</i>
	Methicillin-resistant <i>S. aureus</i> (MRSA)	Doxycycline, <i>Trimethoprim, Rifampicin</i>
Moderate or severe	MSSA; <i>Streptococcus</i> spp; Enterobacteriaceae; obligate anaerobes	Levofloxacin, Cefoxitin, Ceftriaxone, Ampicillin- sulbactam , Moxifloxacin, Ertapenem , Tigecycline, Levofloxacin or ciprofloxacin with clindamycin, Imipenem- cilastatin , <i>Metronidazole, Teicoplanin,</i> <i>Fucidin</i>
	MRSA	<i>Linezolid</i> , Daptomycin, Vancomycin
	<i>Pseudomonas aeruginosa</i>	Piperacillin-tazobactam
	MRSA, Enterobacteriaceae, <i>Pseudomonas</i> , and obligate anaerobes	Vancomycin plus one of the following: ceftazidime, cefepime, <i>piperacillin-tazobactam</i> , aztreonam or a carbapenem

BOLD = most commonly used in trials

Italics = FDA approved for diabetic foot infections

What's Available in the UK

Infection Severity	Probable Pathogen(s)	Antibiotic Agent
Mild	<i>Staphylococcus aureus</i> (MSSA); Streptococcus spp	Dicloxacillin, Clindamycin, Cephalexin , Levofloxacin, Amoxicillin-clavulanate Clarithromycin, Metronidazole
	Methicillin-resistant <i>S. aureus</i> (MRSA)	Doxycycline, Trimethoprim, Rifampicin
Moderate or severe	MSSA; <i>Streptococcus</i> spp; Enterobacteriaceae; obligate anaerobes	Levofloxacin, Cefoxitin, Ceftriaxone, Ampicillin- sulbactam, Moxifloxacin, Ertapenem , Tigecycline, Levofloxacin or ciprofloxacin with clindamycin, Imipenem- cilastatin , Metronidazole, Teicoplanin, Fucidin
	MRSA	<i>Linezolid</i> , Daptomycin, Vancomycin
	<i>Pseudomonas aeruginosa</i>	Piperacillin-tazobactam
	MRSA, Enterobacteriaceae, <i>Pseudomonas</i> , and obligate anaerobes	Vancomycin plus one of the following: ceftazidime, cefepime, <i>piperacillin-tazobactam</i> , aztreonam or a carbapenem

BOLD = most commonly used in trials

Italics = FDA approved for diabetic foot infections

What's Cheap?

Infection Severity	Probable Pathogen(s)	Antibiotic Agent
Mild	<i>Staphylococcus aureus</i> (MSSA); Streptococcus spp	Dicloxacillin, Clindamycin, Cephalexin , Levofloxacin, Amoxicillin-clavulanate Clarithromycin, Metronidazole
	Methicillin-resistant <i>S. aureus</i> (MRSA)	Doxycycline, Trimethoprim, Rifampicin
Moderate or severe	MSSA; <i>Streptococcus</i> spp; Enterobacteriaceae; obligate anaerobes	Levofloxacin, Cefoxitin, Ceftriaxone, Ampicillin- sulbactam, Moxifloxacin, <i>Ertapenem</i> , Tigecycline, Levofloxacin or ciprofloxacin with clindamycin, <i>Imipenem- cilastatin</i> , Metronidazole, Teicoplanin, Fucidin
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	<i>Pseudomonas aeruginosa</i>	Piperacillin-tazobactam
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Are There any Limitations to the Available Guidelines?

- There is very little RCT data to make decisions on
- Most of the drugs that have regulatory approval for treating diabetic foot infections are new (read “expensive”)
- Almost nothing is mentioned about admissions avoidance

IDSA / IWGDF Classification

Clinical Description	IDSA	IWGDF
No symptoms or signs of infection	Uninfected	1
Local infection involving only the skin and the subcutaneous tissue (without involvement of deeper tissues and without systemic signs as described below). If erythema, must be >0.5 cm to ≤2 cm around the ulcer.	Mild	2
Local infection (as described above) with erythema > 2 cm, or involving structures deeper than skin and subcutaneous tissues (e.g., abscess, osteomyelitis, septic arthritis, fasciitis), and no systemic inflammatory response signs (as described below)	Moderate	3
Local infection (as described above) with the signs of SIRS, as manifested by ≥2 of the following: <ul style="list-style-type: none"> • Temperature >38°C or <36°C • Heart rate >90 beats/min • Respiratory rate >20 breaths/min or PaCO₂ <32 mm Hg • White blood cell count >12 000 or <4000 cells/μL or ≥10% immature (band) forms 	Severe	4

Admissions Avoidance

Clinical Description	IDSA	IWGDF
No symptoms or signs of infection	Uninfected	1
Local infection involving only the skin and the subcutaneous tissue (without involvement of deeper tissues and without systemic signs as described below). If erythema, must be >0.5 cm to ≤2 cm around the ulcer.	Mild	2
Local infection (as described above) with erythema > 2 cm, or involving structures deeper than skin and subcutaneous tissues (e.g., abscess, osteomyelitis, septic arthritis, fasciitis), and no systemic inflammatory response signs (as described below)	Moderate	3
Cellulitis > 2 cm around the ulcer associated with lymphangitis or foot failing to respond to oral antibiotics alone and not systemically unwell	Moderate infection - borderline admission	
Local infection (as described above) with the signs of SIRS, as manifested by ≥2 of the following: <ul style="list-style-type: none"> • Temperature >38°C or <36°C • Heart rate >90 beats/min • Respiratory rate >20 breaths/min or PaCO₂ <32 mm Hg • White blood cell count >12 000 or <4000 cells/μL or ≥10% immature (band) forms 	Severe	4

Norwich Protocol

Infection Severity	Probable Pathogen(s)	Antibiotic Agent
Mild	<i>Staphylococcus aureus</i> (MSSA); Streptococcus spp	Dicloxacillin, Clindamycin , Cephalexin, Levofloxacin, Amoxicillin-clavulanate Clarythromycin, Metronidazole, flucloxacillin
	Methicillin-resistant <i>S. aureus</i> (MRSA)	Doxycycline, Trimethoprim, Rifampicin
Moderate or severe	MSSA; <i>Streptococcus</i> spp; Enterobacteriaceae; obligate anaerobes	Levofloxacin, Cefoxitin, Ceftriaxone , Ampicillin- sulbactam, Moxifloxacin, Ertapenem , Tigecycline, Levofloxacin or ciprofloxacin with clindamycin Imipenem- cilastatin , Metronidazole , Teicoplanin , Fucidin
	MRSA	<i>Linezolid</i> , Daptomycin, Vancomycin
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BOLD = most commonly used in trials

Italics = FDA approved for diabetic foot infections

IDSA Modification?

Table 2. Infectious Diseases Society of America and International Working Group on the Diabetic Foot Classifications of Diabetic Foot Infection

Clinical Manifestation of Infection	PEDIS Grade	IDSA Infection Severity
No symptoms or signs of infection	1	Uninfected
Infection present, as defined by the presence of at least 2 of the following items: <ul style="list-style-type: none"> Local swelling or induration Erythema Local tenderness or pain Local warmth Purulent discharge (thick, opaque to white or sanguineous secretion) 		
Local infection involving only the skin and the subcutaneous tissue (without involvement of deeper tissues and without systemic signs as described below). If erythema, must be >0.5 cm to ≤2 cm around the ulcer.	2	Mild
Exclude other causes of an inflammatory response of the skin (eg, trauma, gout, acute Charcot neuro-osteoarthropathy, fracture, thrombosis, venous stasis).		
Local infection (as described above) with erythema > 2 cm, or involving structures deeper than skin and subcutaneous tissues (eg, abscess, osteomyelitis, septic arthritis, fasciitis), and No systemic inflammatory response signs (as described below)	3	Moderate
Local infection (as described above) with the signs of SIRS, as manifested by ≥2 of the following: <ul style="list-style-type: none"> Temperature >38°C or <36°C Heart rate >90 beats/min Respiratory rate >20 breaths/min or PaCO₂ <32 mm Hg White blood cell count >12 000 or <4000 cells/μL or ≥10% immature (band) forms 	4	Severe ^a


Table 3. Revised Infectious Diseases Society of America Diabetic Foot Infection Classification

Diabetic foot ulceration without any manifestation of infection	No infection
The infection is limited to skin or superficial subcutaneous tissues without local complication or systemic illness.	
≥2 Manifestations of: <ul style="list-style-type: none"> Local swelling or induration Erythema (Any extending ≤2cm around the ulceration) Local tenderness or pain Local warmth Purulent discharge 	Mild Soft Tissue Infection
Either systemically stable or unstable patient with ≥1 of the following: erythema extending >2 cm from the ulceration, lymphangitis, spread beneath fascia, deep tissue abscess, gangrene. Can involve muscle, tendon, and joint, but does not involve bone.	
This includes patients who meet criteria for moderate or severe infections.	Moderate/Severe Soft Tissue Infection
<ul style="list-style-type: none"> Temperature >38°C or <36°C Heart rate >90 beats/min Respiratory rate >20 breaths/min or PaCO₂ <32 mm Hg White blood cell count >12 000 or <4000 cells/μL or ≥10% immature (band) forms 	
Any bone infection of the foot.	
This includes patients who meet criteria for moderate or severe infections as noted above including systemic signs:	
<ul style="list-style-type: none"> Temperature >38°C or <36°C Heart rate >90 beats/min Respiratory rate >20 breaths/min or PaCO₂ <32 mm Hg White blood cell count >12 000 or <4000 cells/μL or ≥10% immature (band) forms 	Moderate/Severe Foot Osteomyelitis

Abbreviation: PaCO₂, partial pressure of carbon dioxide.

Co-Amoxiclav?

Oral amoxicillin-clavulanate for treating diabetic foot infections


Karim Gariani MD^{1,2} | Dan Lebowitz RN^{1,3} | Benjamin Kressmann RN¹ |
Elodie von Dach RN¹ | Parham Sendi MD^{4,5} | Felix Waibel MD⁶ | Martin Berli MD⁶ |
Tanja Huber PhD⁷ | Benjamin A. Lipsky MD^{1,8} | Ilker Uçkay MD^{1,9} 

Conclusions: Oral AMC is a reasonable option when treating patients with DFIs and DFOs.

What About Osteomyelitis?

- NICE says – Think about osteomyelitis if the person with diabetes has a local infection, a deep foot wound or a chronic foot wound
- If osteomyelitis is suspected in a person with diabetes but is not confirmed by initial X-ray, consider an MRI to confirm the diagnosis

Diagnosing diabetic foot osteomyelitis

Eric M. Senneville¹  | Benjamin A. Lipsky² | Suzanne A.V. van Asten³ |
Edgar J. Peters⁴

Senneville EM et al DMRR 2020;36(Suppl 1):e3250

NICE NG19

Old Drugs

JAMA
Network | **Open**[™]

Original Investigation | Infectious Diseases

Adjunctive Rifampin Therapy For Diabetic Foot Osteomyelitis in the Veterans Health Administration

Brigid M. Wilson, PhD; Mary T. Bessesen, MD; Gheorghe Doros, PhD; Sheldon T. Brown, MD; Elie Saade, MD, MPH; John Herмос, MD; Federico Perez, MD, MS; Marion Skalweit, MD, PhD; Brad Spellberg, MD; Robert A. Bonomo, MD

CONCLUSIONS AND RELEVANCE In this cohort study, patients administered rifampin experienced lower rates of death and amputation than patients not treated with rifampin, which remained significant after adjustment for confounders. These results coupled with existing evidence from small clinical trials suggest the addition of rifampin to current treatment regimens may be a useful antimicrobial option in the treatment of DFO.

An Opposing View....

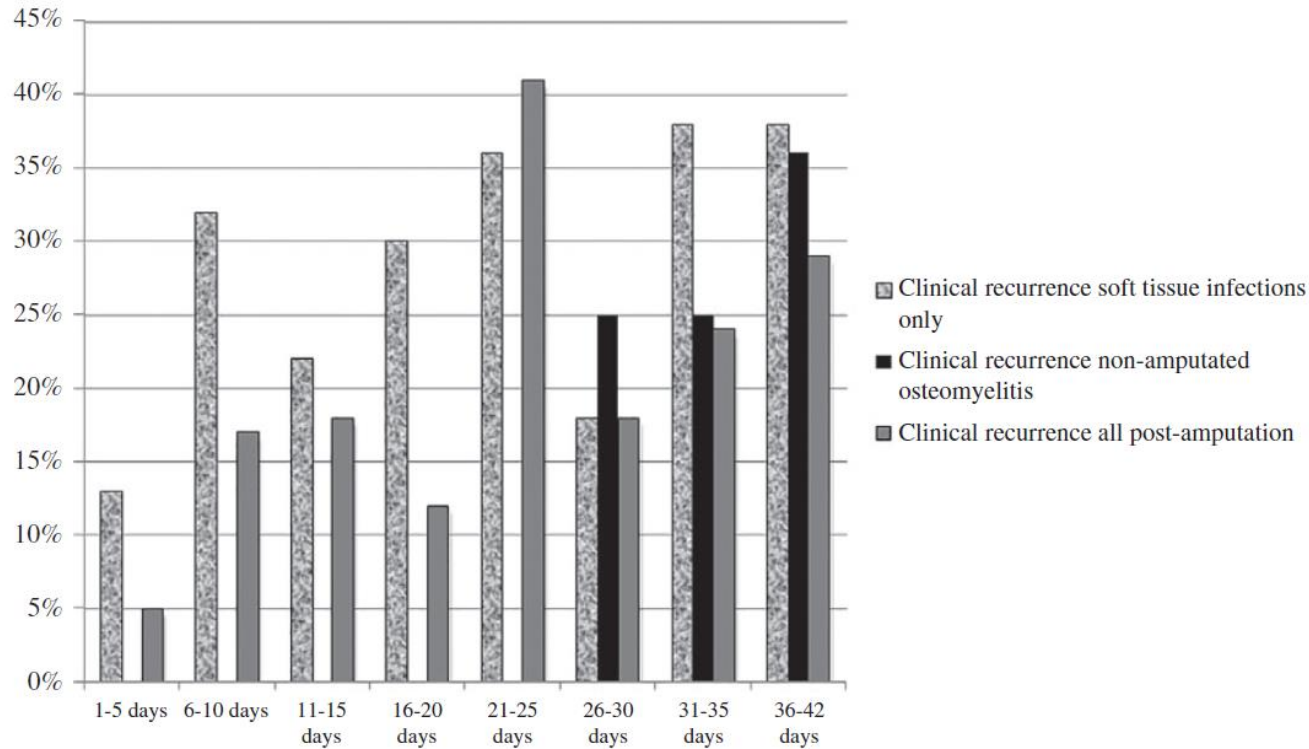
Systematic Review or Meta-analysis

Systematic review of randomized controlled trials on antibiotic treatment for osteomyelitis in diabetes

K. Xing¹, G.Huang¹, S. Hua³, G. Xu⁴ and M. Li² 

Conclusions There is no definitive evidence supporting the superiority of any particular antibiotic agent, dose, or administration duration in the treatment of osteomyelitis in diabetes. As the included studies had some flaws and limitations, further research is necessary.

Duration of Treatment?



- No idea! No differences in outcome for long or short duration

The Same Group - 3 Weeks Non- Inferior to 6 Weeks

Three versus six weeks of antibiotic therapy for diabetic foot osteomyelitis: A prospective, randomized, non-inferiority pilot trial

Karim Gariani, MD^{1*}, Truong-Thanh Pham, MD^{2,3*}, Benjamin Kressmann, RN^{2,3},
François R. Jornayvaz, MD¹, Giacomo Gastaldi, MD¹, Dimitrios Stafylakis, MD³,
Jacques Philippe, MD¹, Benjamin A. Lipsky, MD^{2,4}, İlker Uçkay, MD^{2,3,5,6}



COVID

- Single centre – 105 people in 2019 and 120 in 2020
- Antibiotic resistance in DFU went from 36% to 63%
- Associated with self administration / GP prescription
- Highlighting the need for appropriate education and stewardship

Is CRP a Useful Guide?

- No, not really

Is routine measurement of the serum C-reactive protein level helpful during antibiotic therapy for diabetic foot infection?

Truong-Thanh Pham MD^{1,2}  | Oliver Wetzel MD³ | Karim Gariani MD⁴ |
Benjamin Kressmann RN^{1,2} | François R. Jornayvaz MD⁴ |
Benjamin A. Lipsky MD^{1,5} | İlker Uçkay MD^{1,2,6} 

In our prospective cohorts, a blunt iterative monitoring of CRP during DFI treatment, without correlation with clinical findings, failed to predict treatment failures.

Oral vs IV?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Oral versus Intravenous Antibiotics for Bone and Joint Infection

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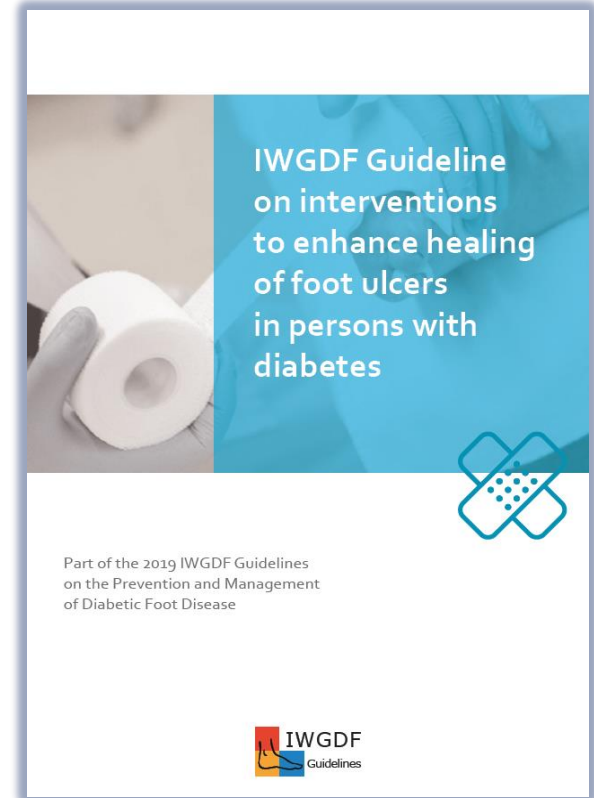
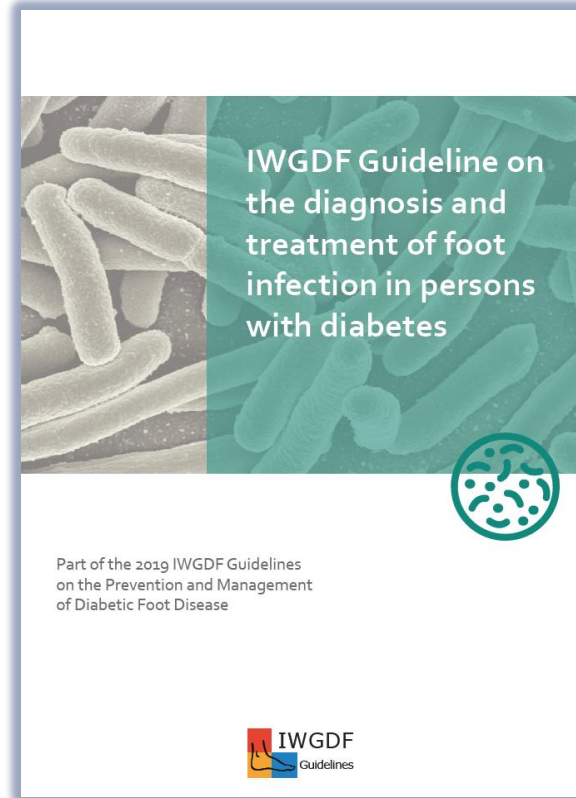
- Not enough people with diabetes in this cohort of 1054 people to be able to see any differences

Other Things on the Horizon

- Emerging agents
 - WF10
 - Pirfenidone
 - Deferoxamine
 - GTN
 - Biologics
 - Growth factors
 - Insulin
 - Neuropeptides
 - Cell/gene therapy
 - Amniotic membrane
 - Plant extracts
- Microbiota – local & regional
- Biofilm biology
- Molecular approaches
- MDR organisms
- Phages
- Debridement
- Dressings
- Topical antibiotics
- Nanomedicine

But is There Good Evidence?

- No, not really



Conclusions - Pragmatism

- The microbiology of the diabetic foot is an ever changing challenge
- It's an active area – but there is still a lot of work to do to get good quality evidence
- Talk to your friendly neighbourhood microbiologists regularly
- Think about parenteral antibiotics as a way of avoiding admissions



A Pragmatic Approach to Diabetic Foot Infections in the UK

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